## **CASTLETON SCHOOL - Autumn Term 2021 Menu**

	WEEK 1	WEEK 2	WEEK 3
	W/c 6 <sup>th</sup> & 27 <sup>th</sup> Sept, 18 <sup>th</sup> Oct, 15 <sup>th</sup> Nov, 6 <sup>th</sup> Dec	w/c 13 <sup>th</sup> Sept, 4 <sup>th</sup> Oct, 1st & 22 <sup>nd</sup> Nov, 13th Dec	w/c 20 <sup>th</sup> Sept, 11 <sup>th</sup> Oct, 8 <sup>th</sup> & 29 <sup>th</sup> Nov
	Beefburger in a Bun	Chicken Korma & Rice	Minced Beef & Dumpling
М	Chipped Potatoes	Vegetables	Roast Potatoes
	Peas & Carrots	Pitta Bread	Mixed Vegetables
0	****		Poppy Seed Bread
N	Sticky Date & Apple Bars with	****	****
D A	Custard	Sultana & Oat Cookie	Chocolate Crispy
Ŷ	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Yoghurt
	Rainbow Cottage Pie	Pasta Bolognaise	Macaroni Cheese
	Green Beans & Sweetcorn	Mixed Greens & Carrots	Broccoli & Carrots
Т	Crusty Bread	Garlic Bread	Crusty Bread
U E			****
S	Cheese & Crackers, Fresh Fruit or Fruit Yoghurt	Cheese & Crackers, Fresh Fruit or Fruit Yoghurt	Cheese & Crackers,
D	Fresh Fruit of Fruit Toghart	Flesh Fluit of Fluit Toghuit	Fresh Fruit or Yoghurt
A Y			Tresitrial of rognat
	Roast Chicken with Sage & Onion	Sausage Toad in the Hole with	Roast Pork Loin with Apple
w	Stuffing & Gravy	Onion Gravy	Sauce & Gravy
E	Roast Potatoes	Roast Potatoes	Roast Potatoes
D	Medley of Vegetables	Broccoli & Swede	Broccoli & Carrots
N E	50/50 Bread	Herbie Bread	50/50 Bread
S		*****	****
D	****	Fruit Mousse	Forest Fruit Roly Poly & Custard
A Y	Fruit Muffin	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
•	Fresh Fruit or Yoghurt		
	Mexican Tortilla Boats	v Cheese & Tomato Pizza	Chicken Korma & Rice
_	Savoury Rice	Diced Potatoes	Green Beans & Cauliflower
H	Carrots & Broccoli	Crunchy Veg Sticks	Naan Bread
U	Pitta Bread		
R S	****	***	****
D	Fresh Fruit or Fruit Yoghurt	Apple & Berry Crumble & Custard	Fresh Fruit or Fruit Yoghurt
A Y		Fresh Fruit or Fruit Yoghurt	
	Fish	Fish Fingers	Harry Ramsdens Battered Fish
	Chipped Potatoes	Tomato Ketchup	Chipped Potatoes
F	Baked Beans & Peas	Chipped Potatoes	Peas & Sweetcorn
R	HM Wholemeal Bread	Carrots & Peas	Sunflower Seed Bread
l l	****	Pumpkin Seed Bread	****
D A	Chocolate Banana Sponge & Chocolate Sauce	****	Iced Swiss Bun
Ϋ́	Fresh Fruit or Fruit Yoghurt	Fruit Shortcake	Fresh Fruit or Yoghurt
	Troom rait of Frait Togridit	Fresh Fruit or Fruit Yoghurt	