



Subject –Physical Education

Standards

EYFS – Children are provided with time and space to enjoy energetic play daily. They have the opportunity to handle equipment and tools effectively, including pencils for writing. They are provided with a range of resources to support their physical movement and handling, inside and outside of the classroom. Children are taught skills of how to use tools and materials effectively and safely and are given opportunities to practice them. The children have opportunities to be active and interactive which develops their coordination, control and movement. In PE lessons and PSHE they also begin to develop an understanding about being active. EYFS join in with KS1 PE lessons weekly and encouraged and partake in extra-curricular sports club.

KS1 - Pupils are given the opportunity to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. In dance during the autumn term, they copy and follow simple movement patterns. They have swimming lessons and are taught basic swimming skills by a qualified instructor. Children also have the opportunity to develop their personal skills such as communication and problem solving through orienteering and regular forest school activities.

KS2 - Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. All children by the time they leave Year 6 will endeavour to swim 25m, as our children start swimming lessons from reception, majority of our children will achieve this much sooner. During dance and gymnastics children develop balance, coordination, flexibility, technique and strength which enables them to perform a range of movement patterns. Children are encouraged to perform and evaluate their work in order to improve and achieve their personal best. Children will develop their cycling skills and confidence through a range of games, activities and Bikeability. Children also have the opportunity to develop their personal skills such as communication and problem solving through orienteering and regular forest school activities. Our children are all encouraged to represent the school in at least one sport, we compete at local level, district level and aim to represent the Whitby, Ryedale area at the Youth Games in at least one sport each year.

Assessment

- Formative assessments are made by class teacher and, when outside agencies are involved, by those agencies.
- Notes also taken from TA's to pass on to EYFS for learning journeys.
- Ongoing record of children in swimming of which stage they have achieved and the distance of swimming they can achieve, a school central record has been formulated and kept by Nicola Wardell.
- Assessments are based on teacher assessments and are recorded on Balance, a comprehensive assessment tool we use to assess and track for all subjects. Pupils are also given time to reflect on their learning and take part in self, peer and group feedback within the lesson.

Strengths

- Wide varied PE provision including archery and orienteering with steps in place to introduce further sports including cycling into the curriculum allowing for a bespoke curriculum to be implemented catering to the needs of the children.
- Children have at least one PE lessons a week with swimming lessons provided across the summer term.
- Opportunities to enter regular sporting events with children from other schools.
- We have had great success in these events despite being a small school in the SSP.
- All children have an opportunity to gain experiences within outdoor/adventure activities through lessons and from outside agencies (UKS2 Climbing trip) and regular forest school sessions (KS1 Teacher – trained specialist).
- Children thoroughly enjoy PE at Castleton School and this is witnessed through the high attendance levels at extra-curricular sport club allowing children to experience our wider curriculum offer.
- Achieved Sports Mark Bronze (2023) and then Sport Mark Gold (2024) which shows excellent progression.

Areas to Develop

- To work on implementing our 'Balance' assessment framework tool and to work on assessment across PE. This will be completed on a termly basis.
- Trained Sports leaders to embed their emerging skills and deliver daily activities at lunchtime.
- Sports leaders to plan, deliver and evaluate intra-school competitions.
- Give pupils the opportunity to lead, officiate and manage competitions across Castleton and Glaisdale schools.